#### MEDICAL FACILITIES FOR STUDENTS OF DA-IICT

&

### **OPERATING PROCEDURE FOR MEDICAL EMERGENCY**

1. This document gives details about the medical facilities available to the students of DA-IICT and the procedures to be followed while dealing with medical emergency needs of students on campus, especially during off/odd hours and on holidays.

#### The Facilities/Arrangements

2. The Institute has a Medical Centre. Two visiting doctors do come to the centre every day and the students can consult them without any charge at the timings mentioned hereunder. The contact addresses/ numbers of the doctors are as under:

Name	Visiting Hours at Medical	Residence Address & Tel.
	Centre	No.
Dr. Suresh Shah	16.15 to 17.45	Plot No. 800, Sector 21
		Gandhinagar
		Tel (res): 079-2322 1115
		Tel (DA-IICT): 079-30510593
Dr. (Mrs). Anjana Ved	12.30 to 13.30	Abhinav Nursing Home
		Behind Dena Bank, Sector 16
		Gandhinagar
		Tel (res): 079-2322 2865
		Tel (DA-IICT): 079-30510593

3. The Institute has constituted a Panel of Medical Specialists, whose details are given below. They can be contacted for further treatment, if any, as advised by the Institute doctors/or if need arises.

#	Name of the Doctor	Specialisation	Clinic Phone	Residence
			No.	Phone No.
1	P. S. Patel	General	23226214	23226214
		Physician		
2	Rajendra Anand	Psychiatrist	23238853	23249136
3	Asim Shah	Radiologist &	23229224	23232983
		Sonologist		
4	Mahendra L Gajjar	Pathology Lab	23222474	23222952
5	Mukul Pandit	Orthopaedic	23224565	23221757
		Surgeon		
6	Haresh Thekdi	Physician	23220838	23223418
7	Y Chhantbar	ENT Surgeon	23222444	23221731
8	Darshan Pandya	Physician	23224610	23232307
9	A Parimal	Eye Surgeon	23229563	23229947

10	Mira N Butani	Gynaecologist	23222196	23222197
11	Sanjiv B Shah	Dentist	23221647	23225377
12	Girdharilal Kaw	General	23238865	23229781
		Surgeon		
13	J. G. Tatu	General	23221239	23221239
		Surgeon		
14	Trupti Dhrangadhria	Dermatologist	23226968	23224042

4. DA-IICT has signed agreements with Apollo and SAL Hospitals. They admit our students without advance deposit and charge on concessional rates. Addresses and Emergency Contact Telephone numbers of these two hospitals are given below.

a) Apollo Hospitals	Emergency Tel. No.	66701800 (MAIN)
Plot No. 1A,		66701866 (Ambulance)
Bhat GIDC Estate		9723551066 (Ambulance)
Gandhinagar		

b) S.A.L. Hospital & Medical Institute Emergency Tel. No. 26845600 Opp. Doordarshan Drive-In Road Ahmedabad 380 054

5. Students have been covered under the Group Mediclaim Insurance Policy and Personal Accident Insurance Policy. The coverages are as under:

a) Mediclaim Insurance : Rs. 15,000 per studentb) Personal Accident Ins. : Rs. 50,000 per student

- 6. The cashless transaction facility under the mediclaim insurance scheme has also been provided to the students. The identity cards for this purpose have been issued to the students. Please go through the list of hospitals under cashless scheme.
- 7. A Stress Management Centre is also operational at the Institute. Students get counselled here free of charge. The details are as under:

Counsellors	Day & Time	Venue
1. Dr. Nandini Banerjee	Tuesday & Thursday	Room No 2110
Ph 079-30510620		Faculty Block 2
2. <b>Ms. Nitu Singh Bhadouria</b> Ph. 079-30510642	Friday, Saturday & Sunday	Room No 4111 Faculty Block 4

#### The Procedure for Medical Emergency

- 8. In case of a medical emergency<sup>1</sup>, the students should first contact the DA-IICT Security Supervisor (Tel. 30510566) at the Institute's main-gate.
- 9. The Security Supervisor/students in consultation with the Institute' visiting doctors will decide where the patient should be taken for medical help.
- 10. An Institute car along with a driver is always on standby duty during weekends/ holidays and beyond office hours on all weekdays to take care of emergencies on campus.
- 11. The car can be availed with the permission of the concerned Warden or Head, HR & Admin.
- 12. Security Supervisors are also authorized to provide car, in extreme emergencies, without prior approval of the authorities.
- 13. However, Security Supervisor shall immediately inform the concerned Warden, Manager Administration and the Dean (Students) on phone about the incident and the help provided, who in turn may advise further action, if needed.
- 14. In case the patient is to be taken to a panel doctor, availability of the doctor may please be ascertained first on telephone before starting. Pre-checking may not be required in case of hospitals.
- 15. Telephone numbers of the key functionaries are as under:

Name	Tel. No.	Mobile No.
Security Supervisor, Main gate	30510566	
Mr. Jitendra Parmar/Mr. Sawan Kumar		
Hostel Supervisors	30510544	93289 94140
Prof. Gagan Garg, Warden, Men's HoR	30510559	93288 88966
Prof. Shweta Garg, Warden, Women's HoR	30510627	93287 21604
Prof. Ranendu Ghosh, Dean (Students)	30510649	93270 43612
Mr. Hasendrasinh Jhala (Head, HR & Admn)	30510591	93270 43615
Mr. Soman Nair, Executive Registrar	30510567	93270 43614

<sup>&</sup>lt;sup>1</sup> A medical emergency is a situation, caused by an injury or illness, which poses an immediate threat to a person's health or life and requires instant medical help/aid for resuscitation of the patient. Some examples are: \*Electric shock \*Drug overdose \*Poisoning \*Food poisoning \*Venomous animal bite \*Severe burn \*Haemorrhage \*Severe abdominal or Chest pain \*Asphyxia \*Peritonitis \*Hyperthermia.

## Hospitals in Ahmedabad

Apollo	66701800
Apollo City Centre	26560146/66305800
Cancer Hospital	22681451
Civil Hospital	22683721
Civil Hospital, Kidney	22685600
Jivraj Mehta Hospital	26639841
Krishna Heart Hospital	952717-232877-81
MP Shah Cancer Hospital	22681463
Nagri Eye Hospital	26460176
Rajasthan Hospital	22866311
SAL	26845600 - 16
Sterling	27485767/27485770

NB: Some tips on immediate first aid steps to be taken in a medical emergency (which are quite common) are listed in the attached annexure. However, these could be done only by a person who has obtained training in first aid from an approved institution, lest it may do more harm.

## FIRST AID TIPS IN CASE OF AN EMERGENCY

# (TO BE DONE ONLY BY A PERSON WHO HAS UNDERGONE FIRST-AID TRAINING COURSE OF AN APPROVED INSTITUTION)

Every year many accidents occur. With some care, they can be prevented. In case an accident does happen, you can be of help if you know Basic First Aid. Read each of the following carefully. You will be able to give vital first aid if needed. Remember always to seek help from an adult IMMEDIATELY.

Do not move the casualty unnecessarily. Keep him warm. Make a diagnosis, decide the treatment, and treat. Remember the ABC of first aid: See if his airways are clear, that he is breathing, and his blood circulation is patent.

#### 1. RESPIRATION

If it is failing, give artificial respiration – MOUTH or MOUTH to NOSE

#### 2. BLEEDING

Arrest bleeding and protect the wound. Apply direct or indirect pressure. Cover with a dressing, apply a pad and firm bandage. Elevate, keep at rest.

#### 3. FRACTURES

IMMOBILISE it with a well padded stiff support reaching the joints on either side. Apply bandages on either side of the site and at the joints on either side, support.

#### 4. BURNS AND SCALDS

A burn is caused by dry heat and a scald by moist heat like steam, very hot water or oil. IMMEDIATELY cool the area with cold water – for 15 minutes, till pain subsides. DO NOT break blisters, or apply anything on the burns. Cover with a sterile or clean cloth, pad and bandage. Give fluids.

#### 5. NOSE BLEEDING

Sit him up facing the breeze with the head slightly forward. Ask him to breathe through the mouth and NOT to blow his nose. Apply a cold compress over the nose. The soft part of the nose may be pinched close with the fingers for 10 minutes. Cold application on the back of the neck and forehead may help.

#### 6. BEE STING

Do not press the bag (of the sting). Use forceps and remove the sting. Apply cold or weak ammonia.

#### 7. ANIMAL BITES

Wash with soap and plenty of water. Loose bandage may be applied. Get quick medical aid.

## 8. SNAKE BITES

Keep patient calm. Wash with plenty of water and soap. DO NOT RUB hard. First apply a constrictive bandage on the heart side of the bite. (Not to be applied continuously for more than 20 minutes.) Do not incise or attempt to suck the wound. Get aid quickly. Try to identify the snake.

## 9. FAINTING

Lay him down and loosen the clothing around chest and waist. Turn head to one side. The legs may be raised a little. DO NOT attempt to give any solids or liquids. On recovery a small quantity of a drink may be given and he may be allowed to sit up and move after rest.

## 10. GENERAL

If you are in doubt about the treatment, DO NOT DO anything. If you do, you may do more harm.

(Courtesy: St. John Ambulance Association, India)